CLONGUISH PARISH NEWSLETTER AUGUST 5th 2018

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MASSES THIS WEEK

Mon. 9.00am Tues. 9.00am Wed.9.00am Thurs 9.00am Fri 9.00am. ANNIVERSARIES THIS WEEKEND

Vigil: Conor O'Reilly / Margaret & Frank McVeigh. 10.30am. Thomas Maguire.

ANNIVERSARIES NEXT WEEKEND

Vigil: *Tommy Nevin*. **10.30am**: *Michael Warren / Mary McGrath / Sinead McGuinness*

Last weekend Collection: €1237 .00. Thank you.

Next Weekend	
Readers—Vigil: Sonia Flynn	10.30am. Sean Devlin
E.Ms. Vigil:	10.30am. Michelle Ghee

Feast Days Aug. 6th

The Transfiguration

The account of the Transfiguration is read on the second Sunday of Lent each year.

 Aug. 8th
 St Dominic (1170-1221)

A Spaniard, he founded the Dominican order.

Aug.9thSt Teresa Benedicta of the Cross (1891-1942)

Edith Stein was a Jewish woman who converted to Catholicism in 1922 and later a *Carmelite nun*. She fled from the Nazis to Holland where later she was captured and sent to *Auschwitz* where she died in the gas chamber on Aug. 9th 1942. She is one of the patron saints of Europe.

Aug.11th St Clare (1193-1253)

Clare was a contemporary of St Francis of Assisi.

Baptism: We welcomed Jonah David Conway, Curry Park, into the Christian Community on Saturday. May God bless the newly baptized and his family.

Spiritual Food

Growing up, did your parents tell you stories about food? Eating carrots help your eyesight

Spinach makes you strong.

An apple a day keeps the doctor away.

There is a huge focus these days on healthy eating and having a physically healthy lifestyle. Mental health is also being spoken about more and more. Nourishing one's mind and keeping it healthy is just as important as fueling the body. Both of these are essential long- term projects, the work of a lifetime.

When it comes to life beyond this one, Jesus talks about a different type of food- food that endures to eternal life. It is this bread, Jesus himself, that gives meaning to our work and our struggles here on earth. As Jesus tells us in today's gospel: "**Do not work for the food that cannot last, but work for the food endures to eternal life.**" Let us not forget to nourish our spirit. **Triona Doherty: Intercom**.

Relics

The relics of **Saints Louis** and **Zelia** and their daughter **Saint Therese** of **Lisieux (France)** will arrive in St Mel's Cathedral at 11.00am on Thursday August 9th and will depart at 8.00am on Friday August 10th.

Knock Novena

This year's novena is from August 14th to August 22. The ceremonies are held each day at 3.00pm and 8.30pm.

Tax Relief Scheme

The certificates for the Tax Relief Scheme were sent out during the week gone by to those who have not already signed on. Please return the certificates as soon as you can. This scheme is a great source of income for the parish

Woman's Link

The recent church gate collection came to $\in 221$. Thanks to all who contributed.

Bus to Drogheda

A bus trip to Drogheda to visit the shrine of **St Oliver Plunkett** is being organized for **August 16th**.departing from St Mel's Cathedral car park. For further information call 043 6686697.or 087 6483757.

5-8-18