

CLONGUISH PARISH NEWSLETTER

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CORPUS CHRISTI

The Body and Blood of Christ

The word 'companion' is a lovely word. It comes from two Latin words: *cum* which means with, and *panis* which means bread. So, a companion literally means someone with whom I share bread. It's not everyone that you enjoy a meal with. Not everyone you invite in to share a cup of tea. There has to be a bond. And that bond is deepened by the sharing of food and drink.

When people invite us to their table, they offer us more than food. They offer us trust, welcome and friendship. We feel honoured. The chat is as much part of the fare as the food. Afterwards we feel nourished, not only in body, but also in heart and spirit.

The Eucharist is the meal we share in the Lord's memory and at his command. By inviting us to partake of the sacred food of the Eucharist, **Jesus** makes his companions and friends. And in doing so we ought to become companions and friends to one another.

Nowadays a person could come to **Mass** and go away afterwards without making contact with anyone. We have met **God** at **Mass**, but have we met our fellow Christians and neighbours? The two realities are linked--being in communion with **Jesus** and with one another.

The first Christians supported one another. They forgave each other's offences, shared their possessions, and fostered the

spirit of community. The Eucharist was at the centre of everything. It was this that bound them together and enabled them to offer loving service to each other.

Fr Flor McCarthy SDB

Prayer after Holy Communion

Sustain us, Lord with the food of life as we go upon our way.

May the bread of heaven be our strength;

May the broken body of Christ bring us healing:

May the spirit of the risen Lord renew our youthful generosity;

May the Sacred Heart of Jesus give us compassion;

May the crucified Christ of Calvary help us bear our daily burden.

A blessing Lord, on your people;

-a blessing on all at this Eucharist

-a blessing on the neighbours and friends

-a blessing on the enemy Lord as you bid us pray;

-a blessing on the sick and the fearful, the weary and the ageing;

-a blessing from the heart of Christ on those who forgive;

-and life eternal to our dead and the dead of our parish and all who have walked with you since time began. We make our prayer through Christ our Lord, Amen.

The latest.....

Cemetery Sunday has been postponed to 2021.

Churches reopen for public Mass on Monday June 29th.

Sunday Mass starts back on July 5th with limited numbers. **To restrict the risk of transmission of Covid-19, public health advise emphasizes the importance of strict adherence to physical distancing, good hand hygiene and respiratory etiquette, and regular cleansing and sanitizing of shared spaces.**

The Church obligation to attend Mass does not apply at this time. Vulnerable people, and those who are unwell should pray at home.

